

## MEMBERSHIP

**Join a vibrant and growing community of older adults! Members receive:**

- News and updates that matter to you with our newsletters and monthly eNews
- Opportunities to learn, meet others, get active and have fun
- A voice among over 2200 members
- Discounts with our participating partners: Bourassa & Associates Rehabilitation Centre, YWCA & YMCA

### Membership Type:

Individual Full Member \$25  
Individual Associate Member No Fee  
Corporate Member \$250  
Organization Member \$25

**Join us! Phone SCOA 306-652-2255  
or visit our website [www.scoa.ca](http://www.scoa.ca)**

**DONATE :** Would you like to support SCOA through a donation?

Yes  No  Amount enclosed \_\_\_\_\_

SCOA recognizes donors in our communications. Please check \_\_\_\_\_ if you wish to remain anonymous.

*The Saskatoon Council on Aging is a registered charitable organization for income tax purposes.*

CRA BN/Registration  
Number:130735756RR0001

**THANK YOU**



**The Council logo features a crane, a symbol of longevity, pride and grace, in the circle of life, epitomizing the wholeness and completeness of life.**

### MISSION STATEMENT

The Saskatoon Council on Aging is a non-profit organization and a community leader in the promotion of dignity, health and independence of older adults through programs, services, education and awareness.

saskatooncouncilonaging

**Located in**

**the Saskatoon Field House**

**2020 College Drive**

**Saskatoon, Saskatchewan S7N 2W4**

**PH(306) 652-2255 FAX (306) 652-7575**

**admin@scoa.ca www.scoa.ca**

**VISIT US ONLINE AT [WWW.SCOA.CA](http://WWW.SCOA.CA)**



**Building a positive future for older adults**

*Organizational Sponsor*

**Bourassa & Associates**

REHABILITATION CENTRE

## ABOUT Saskatoon Council on Aging (SCOA):

SCOA is a leading organization working on behalf of older adults in Saskatoon and area.

### WHAT WE DO:

- ◆ Our programs and services help older adults stay active and feel good about growing older.
- ◆ We ensure that the voice of older adults is heard by government and the community.

### PROJECTS & SERVICES INCLUDE:

#### AGE-FRIENDLY INITIATIVE

- ◆ A project to support older adults to lead healthy independent lives, to be active and socially engaged.

#### POSITIVE AGING RESOURCE CENTRE

- ◆ Information referrals, pamphlets & resources of interest to older adults.
- ◆ Open weekdays — 8:30 a.m. - 12:00 p.m. 1:00 p.m.—4:30 p.m.

#### SENIORS' NEIGHBORHOOD HUB CLUBS

- ◆ **Free social/educational program** offered monthly at **two locations**
- ◆ Mayfair United Church - Held the **3rd Thursday of each month** (1:30pm-4:00pm)
- ◆ Nutana Legion -Held the **4th Monday of each month** (1:30pm-4:00pm)

#### CENTURY CLUB

- ◆ Saskatoon Branch of the Club was formed for seniors who have reached the age of 90+ who are determined to live a full, active life to age 100 and beyond

#### LIFELONG LEARNING OPPORTUNITIES

- ◆ Technology, art, and educational programs for older adults.

#### SPOTLIGHT ON SENIORS

- ◆ Annual event celebrating contributions of older adults to the community.

#### ZOOMER IDOL

- ◆ An event that showcases talents of older adults and celebrates positive aging

#### VOLUNTEER OPPORTUNITIES

- ◆ Interesting work is available to volunteers year round.

#### EDUCATION AND AWARENESS

- ◆ The committee advocates on issues relating to promotion of health, dignity and independence of older adults.

#### CAREGIVER INFORMATION & SUPPORT (306) 652-4411

- ◆ Telephone referral of information
- ◆ Compassionate listening
- ◆ Community Caregiver network through mini forums
- ◆ Referrals available for caregivers
- ◆ [www.saskatooncaregiver.ca](http://www.saskatooncaregiver.ca)

#### MEMBERSHIP

- ◆ Membership is Free!
- ◆ Receive the Coming of Age Newsletter three times a year and monthly enews!
- ◆ Join today!

FOR A COMPLETE LISTING OF OUR PROGRAMS AND SERVICES:  
VISIT OUR WEBSITE [WWW.SCOA.CA](http://WWW.SCOA.CA)



#### PLANNED GIVING PROGRAM

1. Would you like to learn more about leaving a gift through your Will or estate plan to support the work of the SCOA?  Yes  No
2. Have you already made provision for SCOA in your will or estate?  Yes  No

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ **THANK YOU**