Reaching Out to the Aboriginal Community is part of the Agefriendly project.

The goal is to include the views of the aboriginal senior and aboriginal older adult in the conversation about what changes are needed to make Saskatoon and age-friendly community.

We are working to influence:

- Transportation
- Housing
- Respect and Inclusion
- Employment
- Community and Health Services
- Communication about services and program
- Outdoor spaces
- Community Participation



Working with Aboriginal Seniors and Elders to add their voices to the conversation about an age-friendly Saskatoon where everyone ages well.

saskatoon councilon aging

Located in the Saskatoon Field House 2020 College Drive Saskatoon , Saskatchewan S7N 2W4

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Age-friendly Saskatoon Initiative Reaching Out to the Aboriginal Community

Age-friendly Saskatoon Initiative, is a multiyear project aimed at establishing Saskatoon as an "age-friendly" community where older adults can lead healthy independent lives and are active and engaged members of the community.

Reaching Out to the Aboriginal Community is part of the Age-friendly project.



A mural by young residents of the Standing Buffalo Dakota First Nation reserve in Saskatchewan

For more information on the project and what has taken place contact:

Victoria Stevens Sonya Whitehawk @ 306-652-2255

They would be pleased to meet with you to discuss your experiences and share information on the *Reaching Out to the Aboriginal Community project* The Saskatoon Council on Aging is meeting with aboriginal seniors and elders in the community to:

- Hear directly from older aboriginal people about their experiences of growing older
- Identify ways to include the aboriginal voice in the discussions on making Saskatoon an age-friendly community
- identify their needs and ideas about what is necessary to improve their quality of life
- Look at ideas and suggestions that can be offered to leaders on

changes





The Saskatoon Council on Aging is a community based organization that works on behalf of Saskatoon's older adult population.

The organization is providing community leadership on creating an Age-Friendly Saskatoon with an emphasis on *Positive Aging for All.*

Our work focuses on promoting the dignity, health and independence of the approximately 79,000 adults over the age of 50 living in Saskatoon and neighbouring rural communities. Our mandate involves collaboration and partnering with local agencies, businesses and all levels of government to initiate and implement projects, programs and services to the community, and to engage in policy advocacy around programs and services that affect older adults across our province.