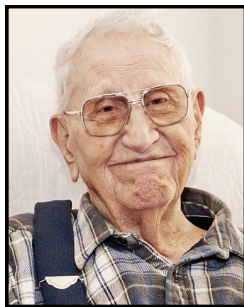


Century Club

- Is an association of seniors who have reached the age of 90 years and...
- Are determined to live in as full and active a life-style as possible to the age of 100 and beyond...
- Pursuing physical activity, mental agility, social and spiritual creativity



**Saskatoon Council on Aging
(Saskatoon Field House)
2020 College Drive
Saskatoon, SK S7N 2W4**



Branch membership includes local membership to Saskatoon Council on Aging (SCOA) and provincial membership to Saskatchewan Seniors Mechanism (SSM) in Regina (306) 359-9956

Century Club of Saskatchewan



SASKATOON BRANCH



Your Story

You are invited to submit a story about your life and a photo of yourself, along with your registration form. For example you may share your family history, childhood memories, special interests, etc.,(your story can be up to a page long). Memory book stories are a fun way to engage family members!

You can pick up your copy of the Memory Book at the SCOA office or at the next event.

The ***Walk Down Century Lane*** Memory Book includes stories from our Century Club Members.

CHECK box if you **do not** wish to submit your story.

CHECK box if you would like assistance writing your Memory Book story.

Benefits

- ◇ Membership is free
- ◇ Friendship and contact with other nonagenarians
- ◇ You will have an opportunity to attend 6 Century Club Events throughout the year where all costs are covered, including free transportation
- ◇ Receive 6 "Century Club Connections" Newsletters throughout the year from SCOA
- ◇ Receive a free copy of the collected stories memory book, "A Walk Down Century Lane"
- ◇ Receive a free copy of *Grey Matters* from the Saskatchewan Branch office in Regina

To Join

Return your application to:

**Saskatoon Council on Aging
(Saskatoon Field House)
2020 College Drive
Saskatoon, SK S7N 2W4
306-652-2255**

Name:

Address:

Telephone:

Date of Birth (day/month/year):

Email:
